

Perry D. Hoffman, Ph.D.
National Education Alliance for Borderline Personality Disorder (NEA-BPD)

Perry D. Hoffman, Ph.D. is the President and co-founder of the National Education Alliance for Borderline Personality Disorder (NEA-BPD).

Established in 2001, NEA.BPD is the not-for-profit, all volunteer organization that, among its initiatives, is responsible for the passing of House Resolution 1005 by Congress declaring May as Borderline Personality Disorder Awareness Month and sponsoring the first meeting on Early Prevention and Intervention, hosted in May 2014.

Among many of its initiatives, NEA.BPD has conducted more than 60 conferences on BPD, hosts the largest BPD media library in the world and offers a variety of services to the BPD community at no charge.

Dr. Hoffman has several grants from the National Institute of Mental Health with a focus on families who have a relative with borderline personality disorder (BPD). She conducted the landmark study on families and BPD documenting the importance of family emotional involvement in patient's recovery. She is Co-Principal Investigator of the five-part video series on BPD "If Only We Had Known."

Dr. Hoffman is co-designer of the 12-week psycho-education course for families, Family Connections, which is available in many locations both in the United States as well as other countries. Research documents the program reduces burden, depression, and grief for participants offering them skills to better manage the impact of BPD on their lives.

She is co-editor, with John G. Gunderson, MD, of two books:
Understanding and Treating Borderline Personality Disorder: A Guide for Professionals and Family Member and
Beyond Borderline: True Stories of Recovery from Borderline Personality Disorder

Also, Dr. Hoffman is co-editor of *Borderline Personality Disorder: Meeting the Challenges to Successful Treatment*.

The National Alliance on Mental Illness (NAMI) awarded Dr. Hoffman its 2011 Excellence in Community Mental Health Award.

In 2012 the American Psychiatric Association (APA) awarded NEA.BPD its 2012 Distinguished Service Award to "recognize its contributions to field of American Psychiatry."

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