Coalition Infrastructure Funding: 2019 and Beyond

September 20, 2018

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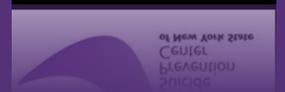Garra.Lloyd-lester@omh.ny.gov
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Welcome and introductions

- My name is….
- I am from…. County
- One thing that keeps me emotionally safe (rejuvenated etc.) is….
- I bring the gift of … to suicide prevention in my community
- After a few minutes, regroup and everyone introduces their partner to the larger group

Project Overview

1. **Means reduction**

2. **Community level awareness and education campaign** (based on #Bethe1to)

3. **High Risk Populations**

a) Men in the Middle Years (MIMY) This is represented by 35–55-year old's.

b) Suicide prevention in the elderly. This is represented by 56-year-old +.

c) Project that supports suicide prevention efforts with active duty military, veterans, and their families.

d) Projects focused on suicide prevention in rural communities.

e) High risk youth and their families e.g.- LGBTQ or Latina youth

f) Offer support to families of individuals who have died by suicide, attempted suicide, Or are at increased risk for suicide. Example to establish or enhance a local survivor group (loss or attempt) or a family support group.

Additional resource documents for Infrastructure projects:

- **Transforming Communities: Key Elements for Comprehensive Community-based Suicide Prevention**-http://actionallianceforsuicideprevention.org/sites/actionallianceforsuicideprevention.org/files/TransformingCommunitiesPaper.pdf

- **Preventing Suicide: A Technical Package of Policy, Programs, and Practices** https://www.cdc.gov/violenceprevention/pdf/suicidetechnicalpackage.pdf

- Project choice must be tied to locally available data
- When developing proposal and specifically when identifying strategies important to take the long view (project window is 3 years) and year-year view
- 'Show me the $'-being as specific as possible when identifying costs and total budget. Include where possible any inking or matching support **(not required)**
- Encourage sending in preliminary draft for early review-we have an intern who will be working with the Center to help provide feedback on project ideas with the goal to ultimately prepare and strengthen proposals for final submission in order to maximize impact

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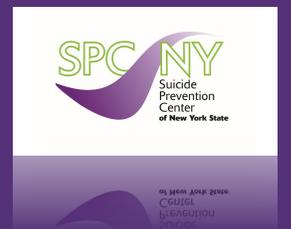
Practicing evidence-based prevention means *using the best available research and data throughout the process of planning and implementing your suicide prevention efforts*.

- Evidence-based prevention includes:
  - o Engaging in evidence-based practice (sometimes called evidence-based public health)
  - o Selecting or developing evidence-based programs
  - o Engaging in Evidence-Based Practice
  - o Evidence-based practice has been defined as *"the conscientious, explicit, and judicious use of current best evidence in making decisions about the care of communities and populations in the domain of health protection, disease prevention, health maintenance and improvement (health promotion)."* https://www.sprc.org/keys-success/evidence-based-prevention
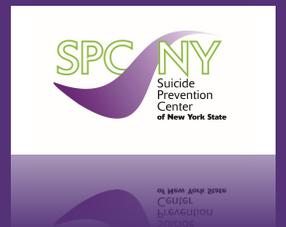
SPC NY
Suicide Prevention Center of New York State
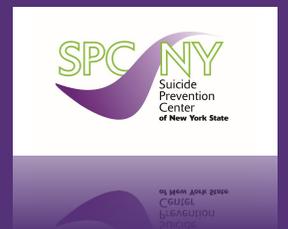
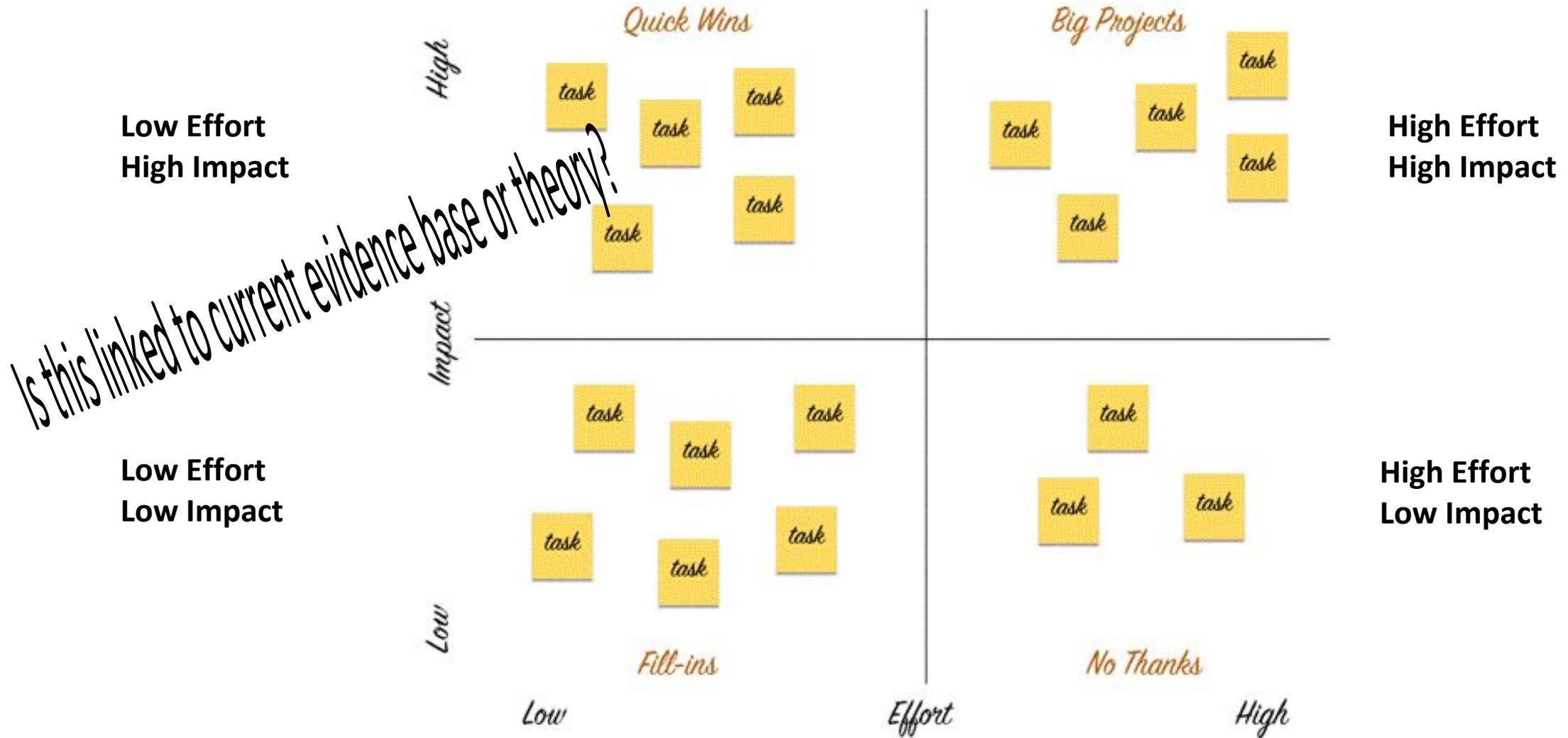# Linking your strategies to Evidence Based Practices

Can you answer YES to these questions?

- Can the strategies you've chosen be linked back to known *Risk or Protective factors* that have an influence on suicide prevention?
- Do the strategies have a known evidence base?
- Is there local capacity to implement your strategies over the next 3 years

- https://www.sprc.org/keys-success/evidence-based-prevention
- http://www.sprc.org/strategic-planning/finding-programs-practices
- https://www.cdc.gov/violenceprevention/suicide/prevention.html
- https://zerosuicide.sprc.org/resources

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Group Exercise

- Pieces of paper around the room with project areas listed
- Move to areas you are most interested in pursuing (doesn't have to be final decision)
- **Discuss the following with others who have same interest**
- Quick report out

- Local partners available and needed to support work
- Does this project lend itself to a regional approach? If YES, are others interested and what might that look like
- Begin to identify data sources necessary to confirm need and additional data sources
- Brainstorm possible strategies
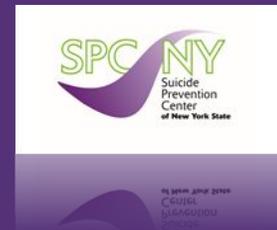- Begin to think about how you might measure impact

Wrap Up

- Upcoming Infrastructure Webinar for Q&A
- Upcoming Data Dashboard Webinar
- Be thinking of what questions you might have and what support you might need

Thank you for all you do to make suicide safer communities!

In closing